

WELCOME TO

ICAS Evolve

Digital Wellness Solution

We are super excited to have you join the evolution in employee centered wellness.

ICAS Evolve has been designed to offer you support when life happens, a reactive 24/7/365 professional support service available when you need it.

But we also understand that personal wellness requires proactive commitment to continuous growth, and you now have the tools to do so, an opportunity to engage and grow.

So let's break this down and look at the unique services we offer.

ICAS

A Lyra Health company

SUPPORT

Financial Information / Debt Finances got you in a spin? Speak to a financial coach to help with a wide variety of financial information.

- Management budgeting assistance
- Garnishee order management
- Debt management
- Transactional banking
- Credit reports
- General financial enquiries
- Saving & investment solutions
- Retirement
- Wills & Estate planning
- Insurance
- Home, vehicle & personal finance solutions

Telephone Counselling- speak to a professional EWP counsellor 24/7/365 to help with any issue impacting on your life.

- Stress
- Relationships
- Anxiety
- Depression
- Trauma
- Change



As a leader, you may at times need to support your employees as they navigate life's challenges.

These challenges may impact on the employee's ability to perform optimally. The Evolve service allows you to formally refer employees into the support service so that they get the support they need.



ENGAGE

Hub

ICAS HUB is a one stop shop for access to ICAS services and dynamic library of wellbeing content. Users get information on a wide range of issues. ICAS can provide support and simple access via live chat counselling and click to call into our network of clinicians.

GROW



Our virtual growth series are designed to help you grow by accessing a wealth of knowledge, coping mechanisms and suggested lifestyle changes. Join our monthly webinars and start your journey of growth