

**ICAS Evolve**

# **YOUR EMPLOYEE WELLNESS PROGRAMME**

TOLL-FREE: 0800 424242

REQUEST A CALL BACK: \*134\*905#

E-MAIL: [eve@icas.co.za](mailto:eve@icas.co.za)

COMPANY CODE:

**Hub** 

# Employee Wellness Programme

A confidential 24-hour personal support service.

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Call for professional guidance on different aspects of your life, including:

- Stress
- Financial advice
- Relationships
- Substance abuse
- Work
- Trauma
- Change

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**Company Code:**

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Lifestyle @ICAS\_SA\_Life



Corporate @ICAS\_SA\_Corp



ICAS Southern Africa



ICAS Southern Africa



ICAS\_SA



A Lyra Health company